



LOOK GOOD  
FEEL BETTER®  
BELLE ET BIEN  
DANS SA PEAU™

THANK YOU TO OUR  
AMAZING VOLUNTEERS!

## VOLUNTEER MILESTONES

### 10 YEARS VOLUNTEERING WITH LGFB

Cheri Langhofer	Alberta	Anna Mirra	Ontario
Janice Higa	Alberta	Bev Law	Ontario
Suzan Hale	Alberta	Debbie Richards	Ontario
Valerie Willis	Alberta	Jennifer Bencharski	Ontario
Linda McGrath	British Columbia	Jennifer Maxwell	Ontario
Michelle West	British Columbia	Karen Haninec	Ontario
Monica Gazzola	British Columbia	Lana Lamb	Ontario
Sandy Herrmann	British Columbia	Marianne Radich	Ontario
Tamara Swatske	British Columbia	Marie Borges	Ontario
Jan Menzies	Manitoba	Marilyn Hibberd	Ontario
Sandy Bacon	Manitoba	Pat Van Damme	Ontario
Carol Sharpe	New Brunswick	Ruth Ann MacDonald	Ontario
Debbie Levesque	New Brunswick	Susan Johnson	Ontario
Tina Bishop-Norris	Newfoundland and Labrador	Tina Strano	Ontario
Beverly Burgess	Nova Scotia	Angela Lamoureux	Prince Edward Island
Cathy Scott	Nova Scotia	France Morin	Quebec
Gail Jones	Nova Scotia	Hayat Moubayed	Quebec
Liz Browne	Nova Scotia	Louise Michaud Emond	Quebec
Maxine Veinot	Nova Scotia	Marie-Murielle Legault	Quebec
Mercedis Rafuse	Nova Scotia	Martine Lebel	Quebec
Sylvia Ali	Nova Scotia	Sylvia Roy	Quebec
Amy Romao	Ontario	Sylvie Dubreuil	Quebec
Julianne Seibel	Ontario		

### 15 YEARS VOLUNTEERING WITH LGFB

Donna Rabbit	British Columbia	Sheila West	New Brunswick
Aline Boutet Carol	Manitoba	Tanya Hoyt	New Brunswick
McMillan Judy	Manitoba	Chloé Hulan	Newfoundland and Labrador
Darvill Lizette	Manitoba	Janis Ball	Newfoundland and Labrador
Peetsma Nancy	Manitoba	Lee Coates	Newfoundland and Labrador
Sawatzky	Manitoba	Linda Walters	Newfoundland and Labrador
Betty-Ann Patterson	New Brunswick	Liz-Anne Oke	Newfoundland and Labrador
Edna Savoie	New Brunswick	Lorraine Meade	Newfoundland and Labrador
Judy Edwards	New Brunswick	Darolyn Walker	Nova Scotia
Marlene Forrest	New Brunswick	Dorothy Newell	Nova Scotia
Sandra Washburn	New Brunswick	Pam Churchill	Nova Scotia
Sharon Cowan	New Brunswick	Stephanie Burdock	Nova Scotia
Sheila Gagné	New Brunswick	Anna Young	Ontario



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**15 YEARS VOLUNTEERING WITH LGFB (continued)**

Beverly McKay	Ontario	Anne Plante	Quebec
Brenda Visconti	Ontario	Camille Van Erum	Quebec
Cathy Letman	Ontario	Clare Vallière	Quebec
Charlene Sedgewick	Ontario	Denise Rioux	Quebec
Helen Hamilton	Ontario	France Vachon	Quebec
Joan Nolan	Ontario	Françoise Gingras-Boutin	Quebec
Kara Mandel	Ontario	Ghislaine Bonneau	Quebec
Laurie McDonald	Ontario	Line Tétreault	Quebec
Lee Ann Campbell	Ontario	Lucie Lapierre	Quebec
Susan Minnella	Ontario	Marie-France Inkel	Quebec
Yvonne Salmon	Ontario	Pauline Carrière	Quebec
Irene Dunlop	Prince Edward Island	Susan Bouchard	Quebec
Judy Williams	Prince Edward Island	Wendy Webster	Saskatchewan

**20 YEARS VOLUNTEERING WITH LGFB**

Selina Ho	Alberta	Diane Parker	Ontario
Lavon McLeod	British Columbia	Eva Benko	Ontario
Alexandra Vanderhooft	Manitoba	Joie McCullough	Ontario
Barbara Gorman	Manitoba	Karen Bendall	Ontario
Sunnie Peck	Manitoba	Kim Morgan	Ontario
Claudette Fontaine	New Brunswick	Maggie Sparks	Ontario
Leeann Maye	New Brunswick	Marlene Bridgman	Ontario
Marion Dryden	New Brunswick	Mary Catherine Heffernan	Ontario
Sandra Beers	New Brunswick	Mela Maharaj	Ontario
Sharon Wolthers	New Brunswick	Pam Hill	Ontario
Susan Bannister	New Brunswick	Paulette Halvorsen	Ontario
Lillian Hookey	Newfoundland and Labrador	Ruth Clarke	Ontario
Louisa Hoddinott	Newfoundland and Labrador	Shelly Amato	Ontario
Ruth Boehner	Nova Scotia	Sonya Marco	Ontario
Anna Grosman	Ontario	Esther Genest	Quebec
Cindy Lukawesky-Dowdle	Ontario	Louise Proulx	Quebec
Claudette Perron	Ontario	Helen Weninger	Saskatchewan

**25 YEARS AND MORE VOLUNTEERING WITH LGFB**

Barbara Wengreniuk	Alberta	Monica McDonnell	Ontario
Catherine Smith	Alberta	Pamela Mitchell	Ontario
Darlene Bell	Alberta	Monik Vanier	Quebec
Doreen Harvey	Alberta	Cindy Buim	Ontario
Erika Ellis	Alberta	Maria Bennett	Ontario
Jean Yates	Alberta	Jeannette Valmont	Quebec
Karin Thompson	British Columbia	Joan Michetti	Quebec
Dolores Adams	Nova Scotia		

\*If we have missed any milestones, it was not our intention and our apologies for any omissions.